

Monday**28 March, 25 April*, 23 May**

Soup: Soup of the Day
Main: Apricot Chicken & Rice
Dessert: Spiced Pumpkin & Pineapple Cake
Diabetic: As Above

Tuesday**29 March, 26 April, 24 May**

Soup: Soup of the Day
**Main: Garlic & Rosemary Lamb
Meatballs & Tomato Sauce**
Dessert: Iced Orange Cake
Diabetic: As above

Wednesday**30 March, 27 April, 25 May**

Soup: Soup of the Day
**Main: Pickled Pork & Tangy Mustard
Sauce**
Dessert: Lemon Pudding & Custard
Diabetic: Lemon Cake & Custard

Thursday**31 March, 28 April, 26 May**

Soup: Soup of the Day
Main: Beef Lasagne
Dessert: Blackberry Cheesecake
Diabetic: As above

Friday**1 April, 29 April, 27 May**

Soup: Soup of the Day
Main: Parmesan Crusted Baked Fish
Dessert: Apple Crumble
Diabetic: As Above

Monday**4 April, 2 May, 30 May**

Soup: Soup of the Day
Main: Pork & Bean Cassoulet
Dessert: Chocolate Stout Cake
Diabetic: Chocolate Mousse

Tuesday**5 April, 3 May, 31 May**

Soup: Soup of the Day
**Main: Baked Honey Mustard
Chicken**
Dessert: Sponge with Strawberry & Cream
Diabetic: As above

Wednesday**6 April, 4 May, 1 June**

Soup: Soup of the Day
**Main: Roast Beef & Yorkshire Pudding,
Horseradish & Gravy**
Dessert: Golden Pudding
Diabetic: As above

Thursday**7 April, 5 May, 2 June**

Soup: Soup of the Day
Main: Lamb Ragu with Pasta
Dessert: Coconut Cream Pie
Diabetic: As Above

Friday**8 April, 6 May, 3 June**

Soup: Soup of the Day
Main: Sweet & Sour Chicken with Fried Rice
Dessert: Rice Pudding with Plums
Diabetic: As Above

Monday**11 April, 9 May, 6 June***

Soup: Soup of the Day
Main: Beef Sausage with Onion Gravy
Dessert: Apple Cake
Diabetic: As Above

Tuesday**12 April, 10 May, 7 June**

Soup: Soup of the Day
**Main: Lamb Koftas with Currant & Mint
Couscous**
Dessert: Marmalade Bread Pudding
Diabetic: As above

Wednesday**13 April, 11 May, 8 June**

Soup: Soup of the Day
**Main: Roast Pork with Apple Sauce
& Gravy**
Dessert: Chocolate Pudding
Diabetic: As Above

Thursday**14 April, 12 May, 9 June**

Soup: Soup of the Day
Main: Butter Chicken with Saffron Rice
Dessert: Carrot Cake
Diabetic: As Above

Friday**15 April*, 13 May, 10 June**

Soup: Soup of the Day
Main: Lemon & Dill Fishcake
Dessert: Impossible Pie
Diabetic: As Above

Monday**18 April*, 16 May, 13 June**

Soup: Soup of the Day
Main: Savoury Lamb Mince
Dessert: Fruit Cake & Custard
Diabetic: As above

Tuesday**19 April, 17 May, 14 June**

Soup: Soup of the Day
Main: Honey Garlic Pork with Noodles
Dessert: Peppermint Chocolate Cream Pie
Diabetic: As Above

Wednesday**20 April, 18 May, 15 June**

Soup: Soup of the Day
**Main: Lemon & Garlic Roast Chicken
with Gravy**
Dessert: Banana & Ginger Pudding
Diabetic: As above

Thursday**21 April, 19 May, 16 June**

Soup: Soup of the Day
Main: Beef Stroganoff with Brown Rice
Dessert: Rhubarb & Custard Strudel
Diabetic: Apple & Custard Strudel

Friday**22 April, 20 May, 17 June**

Soup: Soup of the Day
Main: Pork & Fennel Patty with Onion Jam
Dessert: Peach & Raspberry Tea Cake
Diabetic: As above

No delivery on Friday 15 April, Monday 18 April, Monday 25 April & Monday 6 June
Your meal for these days will be delivered on the working day prior.

*Menu is subject to change without notice
depending on availability of produce*



Chorus Kitchen Menu - Vegetarian

Monday 28th March 2022 to Friday 17th June 2022

9435 1379

meals@chorus.org.au

Office Hours: 8am to 2pm Weekdays

Monday

28 March, 25 April*, 23 May

Soup: Soup of the Day
Main: Apricot & Vegetable Tagine
 Dessert: Spiced Pumpkin & Pineapple Cake
 Diabetic: As Above

Tuesday

29 March, 26 April, 24 May

Soup: Soup of the Day
Main: Spinach & Ricotta Tortellini in Tomato & Herb Sauce
 Dessert: Iced Orange Cake
 Diabetic: As above

Wednesday

30 March, 27 April, 25 May

Soup: Soup of the Day
Main: Mushroom & Asparagus Crepe with Cream Sauce
 Dessert: Lemon Pudding & Custard
 Diabetic: Lemon Cake & Custard

Thursday

31 March, 28 April, 26 May

Soup: Soup of the Day
Main: Vegetable Lasagne
 Dessert: Blackberry Cheesecake
 Diabetic: As above

Friday

1 April, 29 April, 27 May

Soup: Soup of the Day
Main: Parmesan Crusted Cauliflower with Napolitana Sauce
 Dessert: Apple Crumble
 Diabetic: As Above

Monday

4 April, 2 May, 30 May

Soup: Soup of the Day
Main: Mushroom & Bean Hot Pot
 Dessert: Chocolate Stout Cake
 Diabetic: Chocolate Mousse

Tuesday

5 April, 3 May, 31 May

Soup: Soup of the Day
Main: Creamy Dijon Vegetable Pasta
 Dessert: Sponge with Strawberry & Cream
 Diabetic: As Above

Wednesday

6 April, 4 May, 1 June

Soup: Soup of the Day
Main: Lentil Roast & Balsamic Onion Gravy
 Dessert: Golden Pudding
 Diabetic: As above

Thursday

7 April, 5 May, 2 June

Soup: Soup of the Day
Main: Tomato Vegetable Pasta Bake
 Dessert: Coconut Cream Pie
 Diabetic: As Above

Friday

8 April, 6 May, 3 June

Soup: Soup of the Day
Main: Baked Tofu with Stir Fry Vegetables
 Dessert: Rice Pudding with Plums
 Diabetic: As Above

Monday

11 April, 9 May, 6 June*

Soup: Soup of the Day
Main: Eggplant & Feta Patty with Onion Gravy
 Dessert: Apple Cake
 Diabetic: As Above

Tuesday

12 April, 10 May, 7 June

Soup: Soup of the Day
Main: Greek Veggie Balls with Tahini Lemon Sauce
 Dessert: Marmalade Bread Pudding
 Diabetic: As above

Wednesday

13 April, 11 May, 8 June

Soup: Soup of the Day
Main: Stuffed Baked Field Mushroom
 Dessert: Chocolate Pudding
 Diabetic: As Above

Thursday

14 April, 12 May, 9 June

Soup: Soup of the Day
Main: Indian Butter Vegetable Curry
 Dessert: Carrot Cake
 Diabetic: As Above

Friday

15 April*, 13 May, 10 June

Soup: Soup of the Day
Main: Cheesy Vegetable Bake
 Dessert: Impossible Pie
 Diabetic: As Above

Monday

18 April*, 16 May, 13 June

Soup: Soup of the Day
Main: Vegetable Shepherd's Pie
 Dessert: Fruit Cake & Custard
 Diabetic: As above

Tuesday

19 April, 17 May, 14 June

Soup: Soup of the Day
Main: Macaroni Cheese
 Dessert: Peppermint Chocolate Cream Pie
 Diabetic: As Above

Wednesday

20 April, 18 May, 15 June

Soup: Soup of the Day
Main: Roast Vegetable Medley with Risoni Pasta
 Dessert: Banana & Ginger Pudding
 Diabetic: As above

Thursday

21 April, 19 May, 16 June

Soup: Soup of the Day
Main: Mushroom Stroganoff & Rice
 Dessert: Rhubarb & Custard Strudel
 Diabetic: Apple & Custard Strudel

Friday

22 April, 20 May, 17 June

Soup: Soup of the Day
Main: Mediterranean Grilled Haloumi with Red Onion Jam
 Dessert: Peach & Raspberry Tea Cake
 Diabetic: As above

**No delivery on Friday 15 April, Monday 18 April, Monday 25 April & Monday 6 June
 Your meal for these days will be delivered on the working day prior.**

Menu is subject to change without notice depending on availability of produce